

WK 5 February 4, 2024 **Fight**

Introduction

Everything is different when you decide to follow Jesus. In Christ, you have a new identity that transforms your life. Together, we're walking through the book of Ephesians unpacking what this means and its impact on our lives today. In week five, Pastor Chip taught how to fight and battle in life as a follower of Jesus.

Discussion

- 1. Pastor Chip shared that American culture is obsessed with fighting (often because we're obsessed with winning). Believers in Jesus aren't immune to this either. Without naming anyone specifically, take a moment to evaluate and share who or what you're spending the most time fighting in your life today.
- 2. **Revisit and read Ephesians 6:10-18.** Verse 12 explains our real fight isn't against other people but spiritual forces (the devil, demons, temptation, and sin). **Read 1 Peter 5:8-11.** Are you fighting the right battles? Why or why not? Can you make a connection from the battles you're fighting now to the deeper work God may be doing on a spiritual level within you? Take some time unpacking and sharing this with your group.
- 3. Christians are called to fight differently than the rest of the world does with a different set of weapons and a different victory in mind. What weapons do you have as a Christian against the spiritual battles in your life? What's the real definition of "winning" in these fights? Use Pastor Chip's teaching and your reading in Ephesians to help answer these questions.
- 4. Pastor Chip explains the devil's schemes always include lies about God's goodness and love for us. Are you aware of any lies you may be believing right now? They may be deeper or sneakier than you initially think. Are there any particular places or situations where you find yourself more prone to believing a lie about who God is or who he says you are?
- 5. Pastor Chip taught that even after we put on the whole armor of God, we still need help. We need God's strength and power (Ephesians 6:10) and help from others; we aren't meant to fight alone. Who do you have, or who do you need, so you're not fighting your battles alone? Who needs you to help fight their battles?

Application

- **Keep reading.** It's the last week in our Ephesians series! Finish out the daily devotional through this book on The Bible App.
- **Put on your armor.** Keep visiting Ephesians 6:10-18 this week and spend time with God asking him to reveal where you need help and how to make these instructions practical for you.
- Name your fears. Fear is a powerful tool the devil can use to lie to us and lies love living in the dark. Whether big or small, journal, pray, or speak your fears out loud and give them to God trusting he knows them, sees you, and loves you. This simple practice will often help remove the power of these fears in your life.
- Find someone. Take the vulnerable step to ask someone you trust to walk alongside you in your spiritual journey.